

Coming Events - Full details on website

- FRIDAY FLINGS START** – 12th May
- Stevenage Festival of Cycling** Launches 13th May
- Stevenage Spring Rides** - 13th to 21st May
- Herts Cycling - Tour of Hertfordshire Series** Starts in Stevenage on 29th May
- TT1000 from Stevenage** Friday 9th June. Twin Towns Departure Ride. Please register.
- Bike Week** 10th -18th June
- Herts Audax** Sunday 11th June from Ware
- Stevenage Circular** Sunday 18th June
- Bicycle BBQ** Wednesday 21st June
- Baldock Cycle Challenge** Sunday 23rd July
- Semaine Federale** Sunday 30th July to 6th August
- Birthday Rides** in Moreton from Monday 7th August

Ride Makers

Secretary: Jim Brown, 106 Oaks Cross, Stevenage, SG2 0LT
jim@stevenagectc.org.uk 0793 968 7509
 Treasurer: Paul Boielle 01438 356584
 Rides: Penny Schenkel 0778 781 6434
 Website: Tina Walker 01438 235881

Bill	07860 910414	Gary	07795 163586
Jackie	07850 428856	James	07980 376446
Jim Brown	07939 687509	Jim Borchers	07974 576663
Jill	07816 625901	John C	07747 044536
Loyd	07921 002224	Paul H	01438 238728
Pete W	01462 637718	Penny	07787 816434
Richard	07535 962676	Robert	01438 214913

Please see our essential guide to group cycling. For extra rides, last minute changes and more information about cycling in general visit our website. **Please Note:** To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email ridelist@stevenagectc.org.uk to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

Non members are welcome to try a few rides with us. Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits, including lower entry fees. **Please join Cycling UK soon** go to www.cyclinguk.org

Cycling UK is the new name for CTC

CTC, the National Cycling Charity, Parklands, Railton Road Guildford GU2 9JX (0844 736 8450). Why not join us? See www.cyclinguk.org for details.

Where we start - Full details on website

Old Town: In Stevenage Old Town next to the war memorial (TL 233255, SG1 3EJ).

Costello's: Fairlands Valley Park. Meet inside or near the café in the sailing centre (TL254242, SG2 0BL).

Saturday Starters are an ideal introduction to group riding. In the summer they are half day afternoon rides from Costello's at 2pm every week getting back about 4.30pm

Our ride grades:

The letter indicates distance (miles) and speed:			
A	B	C	D
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle
+ indicates rides of a increased pace eg D+			
⚠ Off road rides also have a number:			
1: Easy	2: Medium	3: Challenging riding	
Road tyres	Knobbly tyres needed		
* Helmets: We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.			

Be prepared - our ride checklist:

Emergency contact number		Lights
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

***Your bike must be roadworthy* Remember to carry lights in winter!**

Be Warned - Rides will depart 10 mins after published meeting time - don't be late!

www.stevenagectc.org.uk

BIKE RIDES

from Stevenage
and North Hertfordshire
May - June 2017



Stevenage Circular Cycle Ride
Sunday 18th June
Enter Online Now

Rides every Saturday, Sunday and Wednesday with extras too. Pick those that suit you and enjoy a ride or two.

we are cycling UK
www.stevenagectc.org.uk

Updated 25/04/17



Cycling UK Bike Rides from Stevenage May and June 2017



Date	Grade	Leader	Time	Place	Destination or Event
Mon 1 May	B/C	Paul	10:00	Costello's	May Bank Holiday Blast
Wed 3 May	D	Jackie	19:15	Old Town	Brocket Arms, Ayot St Lawrence.
Sat 6 May	D	Jill	14:00	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sun 7 May	B	Penny	09:30	Old Town	Wrest Park
Wed 10 May	D	Jackie	19:15	Old Town	Pig & Whistle, Aston End.
Fri 12 May	D+	Jill	19:15	Old Town	1st Friday Fling - Three Horseshoes in Norton.
Sat 13 May	N/A	Jim	10:00	London	CyclingUK - Annual General Meeting - Euston, London

SPRING RIDE SERIES – a ride every day from 13th to 21st May. Lights and warm layers essential for evening rides.

Sat 13 May	D	Paul B	14:00	Costello's	Saturday Starter to Church Farm, Ardeley
Sun 14 May	A	Pete	09:30	Old Town	Grafham Water with 11's at Southill
Mon 15 May	D	Tina	19:15	Old Town	Motte & Bailey, Pirton.
Tues 16 May	D	Paul B	19:15	Old Town	Lordship Arms, Benington.
Wed 17 May	D	Jackie	19:15	Old Town	George & Dragon, Watton at Stone.
Thurs 18 May	D	Jackie	19:15	Old Town	Strathmore Arms, St Pauls Walden.
Fri 19 May	D+	Jill	19:15	Old Town	Red Lion, Offley. Friday Fling.
Sat 20 May	D	Tina	14:00	Costello's	Saturday Starter to Emilys, Whitwell
Sun 21 May	C	Paul B	09:30	Old Town	Langford Garden Centre for 11ses and The Rose & Crown Ashwell for lunch (B ride distance at a C pace)

Wed 24 May	D	Jackie	19:15	Old Town	Plume of Feathers, Tewin.
Fri 26 May	D+	Penny	19:15	Old Town	Friday Fling to The Boot, Kimpton.
Sat 27 May	D	Paul B	14:00	Costello's	Saturday Starter to We R Cakes, Woolmer Green
Sun 28 May	A	Jill	09:00	Old Town	Audley End (Railway Cafe) with quick morning AND afternoon tea stops (check website for details close to the time)
Mon 29 May	N/A	Tina	10:00	Old Town	Herts Cycling - Tour of Hertfordshire Series in Stevenage Old Town. Watch the website for info.
Wed 31 May	D	Tina	19:15	Old Town	Red Lion, Preston.
Sat 03 June	D	Gary	14:00	Costello's	Saturday Starter to Esquires, Letchworth
Sun 04 June	A / B+	Jill	08:50	Old Town	Anglesey Abbey with 11's at Silver Ball, home via Cambridge (80 miles, fast 45 if back by train from Cambridge)
Wed 07 June	D	Tina	19:15	Old Town	Three Horeshoes, Willian.
Fri 09 June	A/B/C	Pete	09:00	Lister	Twin Towns Grand Departure Ride from Stevenage to Harwich

BIKE WEEK – a ride every day from 10th to 18th June. Lights and warm layers essential for evening rides.

Sat 10 June	D	Penny	14:00	Costello's	Saturday Starter to Datchworth (Annual Fete)
Sun 11 June	N/A	Tina	09:00	Old Town	Join us at Stevenage Day . Watch the website for more info.
Sun 11 June	A/B/C	-	08:00	Ware	Four Counties Audax (200, 100 and 50) from Ware
Mon 12 June	D	Tina	19:15	Old Town	Plume of Feathers, Little Wymondley.
Tue 13 June	D	Paul B	19:15	Old Town	White Horse, Burnham Green.
Wed 14 June	D	Jackie	19:15	Old Town	Pig & Whistle, Aston End.
Thurs 15 June	D	Jackie	19:15	Old Town	Red Lion, Preston.
Fri 16 June	D+	Jill	19:15	Costello's	Friday Fling to Old George, Ickleford.
Sat 17 June	D	Tina	14:00	Costello's	Saturday Starter to Teddy Bears Picnic in Great Ashby
Sun 18 June	B	Jackie	10:00	Old Town	Stevenage Circular enter online
Wed 21 June	D	Jackie	19:15	Old Town	Bicycle BBQ . Robin Hood and Little John, Rabley Heath. (advance bookings to be made with Jackie)

Look on www.stevenagectc.org.uk for extra details, additions and last minute changes

Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch