

Coming Events - Full details on website

Saturdays Go PM from Saturday 4th March

Braziers Run (50km and 100km Audax) – Sat 11th March – out of Henham, Essex.

Stevenage Start of Summertime Specials. 26th March – 4 distances 60km, 115km, 100 miles and 210km.

Shaftesbury Spring from Henham on Sat 8th April

Ride Makers Meeting Thursday 20th April at 7.45p.m. 106 Oaks Cross, Stevenage, SG2 8LT

Stevenage Spring Rides 13th to 21st May

TT1000 from Stevenage Friday 9th June. Twin Towns Ride. Please register.

Bike Week 10th -18th June

Herts Audax Sunday 11th June from Ware

Baldock Cycle Challenge Sunday 2nd July.

Semaine Federale Sunday 30th July to 6th August.

Birthday Rides in Moreton from Monday 7th August

Ride Makers

Secretary: Jim Brown, 106 Oaks Cross, Stevenage, SG2 0LT
jim@stevenagectc.org.uk 0793 968 7509

Treasurer: Paul Boielle 01438 356584

Rides: Penny Schenkel 0778 781 6434

Website: Tina Walker 01438 235881

Bill 07860910414 Gary 07795163586

Jackie 07850428856 James 07980376446

Jim Brown 07939687509 Jim Borchers 07974 5766633

Jill 07816625901 John C 07747044536

Kelly 07979844519 Loyd 07921002224

Paul B 01438 356584 Paul H 01438 238728

Pete W 01462 637718 Penny 07787816434

Richard 07535962676 Robert 01438 214913

Please see our essential guide to group cycling. For extra rides, last minute changes and more information about cycling in general visit our website. **Please Note:** To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email ridelist@stevenagectc.org.uk to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

Non members are welcome to try a few rides with us. Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits,

including lower entry fees. Please join Cycling UK soon go to www.cyclinguk.org

Cycling UK is the new name for CTC

CTC, the National Cycling Charity, Parklands, Railton Road Guildford GU2 9JX (0844 736 8450). Why not join us? See www.cyclinguk.org for details.

Where we start - Full details on website

Old Town: In Stevenage Old Town next to the war memorial (TL 233255, SG1 3EJ).

Hitchin: On the Stevenage side of the roundabout near the Three Moorhens Pub. (TL 187284, SG4 9DH).

Costello's: Fairlands Valley Park. Meet inside or near the café in the sailing centre (TL254242, SG2 0BL).

Saturday Starters are an ideal introduction to group riding. In the winter they are half day morning rides from Costello's at 1030 every week getting back about 1p.m.

Our ride grades:

The letter indicates distance (miles) and speed:			
A	B	C	D
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle
⚠ Off road rides also have a number:			
1: Easy	2: Medium	3: Challenging riding	
Road tyres	Knobbly tyres needed		
* Helmets: We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.			

Be prepared - our ride checklist:

Emergency contact number		Lights
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

***Your bike must be roadworthy* Remember to carry lights in winter!**

Be Warned - Rides will depart 10 mins after published meeting time - don't be late!

www.stevenagectc.org.uk

BIKE RIDES

from Stevenage
and North Hertfordshire

March - April 2017



Stevenage Start of Summertime Specials
Sunday 26th March
Enter Now

Rides every Saturday, Sunday and Wednesday with extras too. Pick those that suit you and enjoy a ride or two.



www.stevenagectc.org.uk



Cycling UK Bike Rides from Stevenage and Hitchin March - April 2017



Date	Grade	Leader	Time	Place	Destination or Event
Wed 1 Mar	D	Jackie	19:15	Old Town	Winter Wander. Lights and warm layers essential
Sat 4 Mar	D	Penny	14:00	Costello's	Saturday Starter to Brewery Cafe, Walkern
Sun 5 Mar	B	Pete	09:30	Old Town	Marston Mortaine
Wed 8 Mar	D	Pete	19:15	Old Town	Winter Wander. Lights and warm layers essential
Sat 11 Mar	D	Paul	14:00	Costello's	Saturday Starter to Emilys, Whitwell
Sat 11 Mar	A/C	-	09:00	Audax	Braziers Run (Audax) 50km and 100km from Henham, Essex
Sun 12 Mar	C	Robert	10:00	Old Town	Hinxworth, Farrowby Farm
Wed 15 Mar	D	Jackie	19:15	Old Town	Winter Wander. Lights and warm layers essential
Sat 18 Mar	D	Jackie	14:00	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sat 18 Mar	A/B	-	09:00	Audax	Spring Dash (100km) & Pork Pie (200km) from near Cambridge
Sun 19 Mar	A+	James	08:00	Old Town	Bledlow Ridge with elevenses in Berkhamstead (hilly 95 miles)
Sun 19 Mar	B	Loyd	09:30	Old Town	Redbourne, Bike Hub
Wed 22 Mar	D	Jackie	19:15	Old Town	Winter Wander. Lights and warm layers essential
Sat 25 Mar	D	Penny	14:00	Costello's	Saturday Starter to Tapps, Baldock
Sun 26 Mar	A/B/C	Jill/Jim	08:00	Costello's	Stevenage Start of Summertime Specials - 60km; 115km; 160km, and 210km distances (advance entry required)
Wed 29 Mar	D	Robert	19:15	Old Town	Plume of Feathers, Tewin. Lights and warm layers essential
Sat 01 Apr	D	Gary	14:00	Costello's	Saturday Starter to We R Cakes, Woolmer Green
Sun 02 Apr	B+	Jill	09:30	Old Town	Southill Café for elevenses then Gamlingay (Waresley Garden Centre) for lunch
Wed 05 Apr	D	Pete	19:15	Old Town	Three Horseshoes, Willian. Lights and warm layers essential
Sat 08 Apr	D	Paul	14:00	Costello's	Saturday Starter to Emilys, Whitwell
Sat 08 Apr	A/B/C	-		Henham	Shaftesbury Spring Randonnees
Sun 09 Apr	A+	James	09:00	Old Town	Green Man, Mursley with elevenses at Marston Forest Centre
Sun 09 Apr	B/C	Robert	10:00	Old Town	Old Warden
Wed 12 Apr	D	Jackie	19:15	Old Town	White Lion, Walkern. Lights and warm layers essential
Fri 14 Apr	D	Jill	09:30	Costello's	Good Friday Ride to Mill End, Rushden
Sat 15 Apr	D	Jackie	14:00	Costello's	Saturday Starter to Codicote Garden Centre, Codicote
Sun 16 Apr	B	Jim/Penny	09:30	Old Town	55 miles – Redbourn and Bike Hub
Mon 17 Apr	C	Paul	09:30	Costello's	Easter Monday Special to Emilys, Whitwell and then lunch at Bright Star, Peters Green
Wed 19 Apr	D	Jackie	19:15	Old Town	Annual Pizza Night at The Cricketers, Weston. Lights and warm layers essential (advance bookings to be made with Jackie)
Thu 20 Apr	N/A	Penny	19:45	Oaks Cross	Ride makers meeting at 106 Oaks Cross, SG2 8LT
Sat 22 Apr	D	Tina	14:00	Costello's	Saturday Starter to Esquires Café, Letchworth
Sun 23 Apr	A	Pete	09:30	Old Town	Blackmore in Essex (80 miles)
Wed 26 Apr	D	Pete	19:15	Old Town	Strathmore Arms. Lights and warm layers essential
Sat 29 Apr	D	Gary	14:00	Costello's	Saturday Starter to Church Farm, Ardeley
Sun 30 Apr	B	Loyd	09:30	Old Town	Moggerhanger (The Old Kitchen)
Mon 01 May	B/C	Paul	10:00	Costello's	May Bank Holiday Blast

Look on www.stevenagectc.org.uk for extra details, additions and last minute changes

Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch