

Coming Events - Full details on website

Baldock Cycle Challenge - Sunday 23rd July
Tuesday Taster Rides Start – Tuesday 25th July
London FREE-CYCLE Saturday 29th July
RIDE LONDON Sunday 30th July
CTC Birthday Tea – Woolmer Green, Saturday 5th Aug
Birthday Rides in Moreton from Monday 7th August
Off Road Challenge – Sunday 13th August
Mildenhall Audax Rides – Saturday 26th August
Skills Challenge – Stevenage, Sunday 27th August
Ride Makers' Meeting – Thursday 7th September
Final Friday Fling - Friday 8th September
Tour of Britain –Stage 7 – Sat 9th Sept (Herts)
Four Cs Charity Ride – Walkern, Sat 30th September
Emiremmus Desrever - Sunday 29th October

Ride Makers

Secretary: Jim Brown, 106 Oaks Cross, Stevenage, SG2 8LT
jim@stevenagectc.org.uk 0793 968 7509
 Treasurer: Paul Boielle 01438 356584
 Rides: Penny Schenkel 0778 781 6434
 Website: Tina Walker 01438 235881

Alan	07910 076236	Gary	07795 163586
Jackie	07850 428856	Jason	0744 704 1489
Jim Brown	07939 687509	Jim Borchers	07974 576663
Jill	07816 625901	John C	07747 044536
Loyd	07921 002224	Nicola	0791 643 8610
Paul H	01438 238728	Pete	01462 637718
Penny	07787 816434	Richard	07535 962676
Robert	01438 214913	Stuart	07710 795182

Please see our essential guide to group cycling. For extra rides, last minute changes and more information about cycling in general visit our website. **Please Note:** To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email ridelist@stevenagectc.org.uk to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

Non members are welcome to try a few rides with us. Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits, including lower entry fees. **Please join Cycling UK soon** go to www.cyclinguk.org

www.stevenagectc.org.uk

Cycling UK is the new name for CTC

CTC, the National Cycling Charity, Parklands, Railton Road Guildford GU2 9JX (0844 736 8450). Why not join us? See www.cyclinguk.org for details.

Where we start - Full details on website

Old Town: In Stevenage Old Town next to the war memorial (TL 233255, SG1 3EJ).

Costello's: Fairlands Valley Park. Meet inside or near the café in the sailing centre (TL254242, SG2 0BL).

Saturday Starters are an ideal introduction to group riding. In the summer they are half day afternoon rides from Costello's at 2pm every week getting back about 4.30pm

Our ride grades:

The letter indicates distance (miles) and speed:				
A	B	C	D	E
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle	5-6 miles beginner
+ indicates rides of a increased pace eg D+				
⚠ Off road rides also have a number:				
1: Easy	2: Medium	3: Challenging riding		
Road tyres	Knobbly tyres needed			
* Helmets: We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.				

Be prepared - our ride checklist:

Emergency contact number		Lights
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

***Your bike must be roadworthy* Remember to carry lights in winter!**

Be Warned - Rides will depart 10 mins after published meeting time - don't be late!

BIKE RIDES

from Stevenage

July - September 2017



Off-Road Challenge Sunday 13th August
 Skills Challenge Sunday 27th August

Rides every Saturday, Sunday and Wednesday with extras too. Pick those that suit you and enjoy a ride or two.

we are cycling UK
www.stevenagectc.org.uk

Updated 19/07/2017



Cycling UK Bike Rides from Stevenage July - September 2017



Date	Grade	Leader	Time	Place	Destination or Event
Sun 23 July	A/B	Alan	08:50	Old Town	Baldock Cycle Challenge (led ride to the start of the challenge in Baldock) https://www.cyclinguk.org/event/baldock-cycle-challenge-2017
Tue 25 July	E	Tina	14:00	Costello's	Taster Ride 5 miles on cycleways for beginners / child-friendly (bring an adult)
Wed 26 July	D	Jackie	19:15	Old Town	White Lion, Walkern. Lights and warm layers essential
Fri 28 July	D+	Penny	19:15	Old Town	Friday Fling to Bright Star, Peters Green. Lights and warm layers essential
Sat 29 July	D	Paul B	14:00	Costello's	Saturday Starter to Esquires Café, Letchworth
Sat 29 July	A	Pete	08:00	Bragbury End	London FREE-CYCLE (Prompt start please to meet led ride in Barnet).
Sun 30 July	A	No leader			Prudential RIDE LONDON (advance entry required)
Sun 30 July	C	Alan	10:00	Old Town	Whitwell
Tue 01 Aug	E	Tina	14:00	Costello's	Taster Ride 5 miles on cycleways for beginners / child-friendly (bring an adult)
Wed 2 Aug	D	Loyd	19:15	Old Town	The Waggoners, Ardeley. Lights and warm layers essential
Fri 4 Aug	D+	Alan	19:15	Old Town	Friday Fling to The Fox, Darley Hall. Lights and warm layers essential
Sat 05 Aug	D	Gary	14:00	Costello's	CTC BIRTHDAY RIDE - We R Cakes, Woolmer Green
Sun 06 Aug	B	Alan	09:30	Old Town	Buntingford and Whitehill Golf Club
Tue 08 Aug	E	Tina	14:00	Costello's	Taster Ride 5 miles on cycleways for beginners / child-friendly (bring an adult)
Wed 9 Aug	D	Pete	19:15	Old Town	Plume of Feathers, Tewin. Lights and warm layers essential
Fri 11 Aug	D+	Alan	19:15	Old Town	Friday Fling to the Moon and Stars, Rushden. Lights and warm layers essential
Sat 12 Aug	D	Gary	14:00	Costello's	Saturday Starter to Emilys, Whitwell
Sun 13 Aug	B	Paul B	09:30	Costello's	Off-road Challenge - enjoy some off-road trails around Stevenage
Tue 15 Aug	E	Gary	14:00	Costello's	Taster Ride 5 miles on cycleways for beginners / child-friendly (bring an adult)
Wed 16 Aug	D	Jackie	19:15	Old Town	Willian (Three Horseshoes). Lights and warm layers essential
Fri 18 Aug	D+	Jim	19:15	Old Town	Friday Fling to Musgrave Arms, Shillington. Lights and warm layers essential
Sat 19 Aug	D	Jackie	14:00	Costello's	Saturday Starter to Datchworth Post Office
Sun 20 Aug	C	Alan	10:00	Old Town	Tewin Classic Car Rally
Tue 22 Aug	E	Paul H	14:00	Costello's	Taster Ride 5 miles on cycleways for beginners / child-friendly (bring an adult)
Wed 23 Aug	D	Paul B	19:15	Old Town	Brocket Arms, Ayot St Lawrence. Lights and warm layers essential
Fri 25 Aug	D+	Penny	19:15	Old Town	Friday Fling to Lilley Arms, Lilley. Lights and warm layers essential
Sat 26 Aug	D	Robert	14:00	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sat 26 Aug	A/B/C	No leader		Mildenhall	Mildenhall Cycling Festival - Audax 300km, 200km, 170km, 100km and 50km
Sun 27 Aug		Stuart Higham		Costello's	Skills Challenge - Pacejudging, hill climb and free-wheel challenges
Mon 28 Aug	C	Paul B	09:30	Old Town	Emilys, Whitwell for 11's and the Red Lion, Offley for lunch
Tue 29 Aug	E	Paul H	14:00	Costello's	Taster Ride 5 miles on cycleways for beginners / child-friendly (bring an adult)
Wed 30 Aug	D	Jackie	19:15	Old Town	White Hart, Welwyn. Lights and warm layers essential
Fri 1 Sept	D+	Jim	19:15	Old Town	Friday Fling to The Bull, Watton at Stone. Lights and warm layers essential
Sat 2 Sept	D	Paul B	14:00	Costello's	Saturday Starter to Church Farm, Ardeley
Sat 2 Sept	A/B/C	No leader		Henham	Henham Audax event 200km, 170km, 100km and 52km
Sun 3 Sept	C	Alan	10:00	Old Town	Mill End, Rushden
Wed 6 Sept	D	Jackie	19:15	Old Town	The Bull, Cottered. Lights and warm layers essential
Thurs 7 Sept		Tina	19:45	Oaks Cross	Ride Leader Meeting (106 Oaks Cross, Stevenage)
Fri 8 Sept	D+	Pete	19:15	Old Town	Final Friday Fling to the Boot, Dane End. Lights and warm layers essential
Sat 9 Sept	D	Gary	14:00	Costello's	Saturday Starter to Emilys, Whitwell
Sat 9 Sept	B	Penny	08:00	Old Town	Tour of Britain (Stage 7) - Hemel Hempstead routed through Little Gaddesdon & Ringshall. Led ride to watch, soak up the atmosphere & refresh at Bike Hub, Redbourn.
Sun 10 Sept	A	Loyd	09:30	Old Town	Wendover (Lady Grey tea rooms) with elevenses at the Hub, Redbourn.
Wed 13 Sept	D	Jackie	19:15	Old Town	The Bell, Codicote. Lights and warm layers essential.
Sat 16 Sept	D	Alan	14:00	Costello's	Saturday Starter to Esquires Café, Letchworth
Sun 17 Sept	B	Jason	09:30	Old Town	Treasure Hunt - Ride your bike in a fun treasure hunt (see website for updates)
Wed 20 Sept	D	Robert	19:15	Old Town	The Waggoners, Ardeley. Lights and warm layers essential
Sat 23 Sept	D	Nicola	14:00	Costello's	Saturday Starter to Vanstones Garden Centre, Codicote
Sun 24 Sept	B	Alan	09:30	Old Town	Royston for 11's and Baldock for lunch
Wed 27 Sept	D	Jackie	19:15	Old Town	Curry Crawl - Bucks Head, Little Wymondley. Lights and warm layers essential (advance bookings £10.50 to be made with Jackie by end August)
Sat 30 Sept	D	Gary	14:00	Costello's	Saturday Starter (destination to be confirmed on website)
Sat 30 Sept	A/B/C	Robin Selley	09:00	Walkern	4C's Charity rides - Macmillan & Cancer Hair Care (20km, 50km, 100km). Walkern Primary School start. Advance entry advised (see website for updates)
Sun 1 Oct	A	Pete	09:00	Old Town	Marston Moretaine (with 11's at Jordan's Mill and tea stop at Barton-le-Clay)
Sun 29 Oct	A/B	Jim Brown	09:30	Costello's	Emitremmus 100 km and 67 km (book online via Audax UK)

Look on www.stevenagectc.org.uk for extra details, additions and last minute changes

Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch