

Coming Events - Full details on website

Pedal for a Pizza – Wednesday 11th April

Rides Planning Meeting – Monday 23rd April 7.45pm
106 Oaks Cross, Stevenage, SG2 8LT.

Spring Rides 12th – 20th May

Old Town Criteriums – Monday 28th May from 2.30pm

Bike Week 9th – 17th June

Ware Audax Rides Sunday 10th June

Stevenage Circular Sunday 17th June (entries open)

Baldock Cycle Challenge Sunday 15th July

Off Road Challenge Sunday 12th August

Cycling UK Birthday Rides 13th to 19th August

Ride Makers

Secretary: Jim Brown, 106 Oaks Cross, Stevenage, SG2 8LT

jim@stevenagectc.org.uk 0793 968 7509

Treasurer: Paul Boielle 01438 356584

Rides: Penny Schenkel 0778 781 6434

Website: Tina Walker 01438 235881

Alan	07910 076236	Gary	07795 163586
Jackie	07850 428856	Jason	0744 704 1489
Jim Brown	07939 687509	Jim Borcherds	07974 576663
Jill	07816 625901	John C	07747 044536
Loyd	07921 002224	Nicola	0791 643 8610
Paul H	01438 238728	Pete	01462 637718
Penny	07787 816434	Bruce	07778 462263
Robert	01438 214913	Stuart	07710 795182

Please see our essential guide to group cycling. For extra rides, last minute changes and more information about cycling in general visit our website. **Please Note:** To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email ridelist@stevenagectc.org.uk to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

Non members are welcome to try a few rides with us. Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits, including lower entry fees. **Please join Cycling UK soon** go to www.cyclinguk.org

Road defects? Tell the County Council through www.fillthathole.org.uk A Cycling UK initiative.

www.stevenagectc.org.uk

Cycling UK is the new name for CTC

Cycling UK, the National Cycling Charity, Parklands, Railton Road Guildford GU2 9JX (0844 736 8450). Why not join us? See www.cyclinguk.org for details.

Where we start - Full details on website

Old Town: In Stevenage Old Town next to the war memorial (TL 233255, SG1 3EJ).

Costello's: Fairlands Valley Park. Meet inside or near the café in the sailing centre (TL254242, SG2 0BL).

Saturday Starters are an ideal introduction to group riding. In the summer they are half day afternoon rides from Costello's at 2pm every week getting back about 5.00pm. From November the rides start at 10:30am.

Our ride grades:

The letter indicates distance (miles) and speed:				
A	B	C	D	E
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle	5-6 miles beginner
+ indicates rides of a increased pace eg D+				
⚠ Off road rides also have a number:				
1: Easy	2: Medium	3: Challenging riding		
Road tyres	Knobbly tyres needed			
* Helmets: We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.				

Be prepared - our ride checklist:

Emergency contact number	Lights	
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

***Your bike must be roadworthy* Remember to carry lights in winter!**

Be Warned - Rides will depart 10 mins after published meeting time - don't be late!

BIKE RIDES

from Stevenage

April – May 2018

Including **SPRING RIDE SERIES**



Rides every Saturday, Sunday and Wednesday with extras too. Pick those that suit you and enjoy a ride or two.

we are
cycling
Stevenage UK

www.stevenagectc.org.uk

Date	Grade	Leader	Time	Place	Destination or Event	
Sun 1 Apr	A	Bruce	09:00	Old Town	Grafham Water Visitor Centre Cafe – 75 miles. 11's at Southill	
Sun 1 Apr	D	Jackie	10:00	Old Town	Morning Meander (about two hours)	
Mon 2 Apr	C	Paul	09:30	Costello's	Easter Monday – Wyevale in Codicote, 11's and lunch at the Bright Star in Peters Green	
Wed 4 Apr	D	Jackie	19:15	Old Town	Old George, Ickleford. Lights and warm layers essential.	
Sat 7 Apr	D	Gary	14:00	Costello's	Saturday Starter to Vanstones Garden Centre, Codicote	
Sun 8 Apr	B	Alan	09:30	Old Town	Rushden, Mill End Garden Centre	
Wed 11 Apr	D	Jackie	19:15	Old Town	PIZZA NIGHT The Cricketers, Weston. Book in advance with Jackie £10	
Sat 14 Apr	D	Paul	14:00	Costello's	Saturday Starter to Taste, Baldock	
Sun 15 Apr	A	Pete	09:00	Old Town	Dunstable Downs (65 miles), 11's at Wrest Park (Emilys if required)	
Sun 15 Apr	D	Jackie	10:00	Old Town	Morning Meander (about two hours)	
Wed 18 Apr	D	Tina	19:15	Old Town	Rising Sun, Halls Green. Lights and warm layers essential.	
Sat 21 Apr	D	Tina	14:00	Costello's	Saturday Starter to Church Farm, Ardeley	
Sun 22 Apr	A	Jason	09:30	Old Town	Hatfield Forest - 70 miles (one stop)	
Mon 23 Apr	NA	Tina	19:45	Jim's	Ride Leader Meeting – Planning & chatting with biscuits.	
Wed 25 Apr	D	Paul	19:15	Old Town	Red Lion, Preston. Lights and warm layers essential.	
Sat 28 Apr	D	Gary	14:00	Costello's	Saturday Starter to Emily's, Whitwell	
Sun 29 Apr	C	Alan	09:30	Old Town	Hertford, Rose's Cafe	
Sun 29 Apr	D	Nicola	10:00	Old Town	Morning Meander (about two hours)	
Wed 2 May	D	Jackie	19:15	Old Town	White Horse, Burnham Green. Lights and warm layers essential.	
Sat 5 May	D	Paul	14:00	Costello's	Saturday Starter to Country Bumpkin, Tewin	
Sun 6 May	B	Alan	09:30	Old Town	Something Lovely for 11's and White Hill Golf Club for lunch	
Mon 7 May	C	Paul	09:30	Costello's	May Day – Langford Garden Centre for 11's, Radwell via Ashwell (Baldock Services for lunch)	
Wed 9 May	D	Tina	19:15	Old Town	Pig & Whistle, Aston. Lights and warm layers essential.	
Friday 11 May	D+	Jim/Penny	19:15	Old Town	Friday Fling The Bull, Cottered	SPRING RIDE SERIES
Sat 12 May	D	Jackie	14:00	Costello's	Saturday Starter to Esquires, Letchworth	
Sun 13 May	A	Pete	09:00	Old Town	Marston Moretaine (75 miles) with 11's at Jordans Mill and tea at Barton-le-Clay if required	
Sun 13 May	D	Jackie	10:00	Old Town	Morning Meander	
Mon 14 May	D	Tina	19:15	Old Town	Cycle track special	
Tue 15 May	D	Gary	19:15	Old Town	White Lion, Walkern	
Wed 16 May	D	Jackie	19:15	Old Town	The Bell, Codicote	
Thur 17 May	D	Paul	19:15	Old Town	Strathmore Arms, St Pauls Walden	
Fri 18 May	D+	Jim B	19:15	Old Town	Friday Fling to the Lilley Arms, Lilley	
Sat 19 May	D	Gary	14:00	Costello's	Saturday Starter to Emily's, Whitwell	
Sun 20 May	A	Loyd	09:30	Old Town	Wendover with 11's at The Hub, Redbourn	
Wed 23 May	D	Paul	19:15	Old Town	Easy Evening White Horse, Welwyn	
Fri 25 May	D+	Robert	19:15	Old Town	Friday Fling Rose and Crown, Ashwell	
Sat 26 May	D	Jackie	14:00	Costello's	Saturday Starter to Brewery Tea Room, Walkern	
Sun 27 May	C	Paul	09:30	Old Town	Hertford for 11's and The Star, Standon for lunch	
Mon 28 May	NA	TBA	TBA	Old Town	Old Town Circuit Races and Community Cycling. PLUS - Launch of Stevenage Cycling Festival (to 8th July)	
Wed 30 May	D	Jackie	19:15	Old Town	Easy Evening Orange Tree, Baldock	

Look on www.stevenagectc.org.uk for extra details, additions and last minute changes

Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch