

**Coming Events** - Full details on website

**Old Town Criteriums** – Monday 28<sup>th</sup> May from 2.30pm

**Bike Hub Opens at 10am**, Fairlands Valley Park - 2nd June

**Bike Week 9<sup>th</sup> – 17<sup>th</sup> June**

**Ware Audax Rides** Sunday 10<sup>th</sup> June

**Stevenage Circular** Sunday 17<sup>th</sup> June (entries open)

**Rides Planning Meeting** – Monday 9<sup>th</sup> July 7.45pm 106 Oaks Cross, Stevenage, SG2 8LT.

**Baldock Cycle Challenge** Sunday 15<sup>th</sup> July

**Dunwich Dynamo** Saturday 28<sup>th</sup> July

**Off Road Challenge** Sunday 12<sup>th</sup> August

**Cycling UK Birthday Rides** 13th to 19th August

### Ride Makers

Secretary: Jim Brown, 106 Oaks Cross, Stevenage, SG2 8LT

[jim@stevenagectc.org.uk](mailto:jim@stevenagectc.org.uk) 0793 968 7509

Treasurer: Paul Boielle 01438 356584

Rides: Penny Schenkel 0778 781 6434

Website: Tina Walker 01438 235881

Alan	07910 076236	Gary	07795 163586
Jackie	07850 428856	Jason	0744 704 1489
Jim Brown	07939 687509	Jim Borcherds	07974 576663
Jill	07816 625901	John C	07747 044536
Loyd	07921 002224	Nicola	0791 643 8610
Paul H	01438 238728	Pete	01462 637718
Penny	07787 816434	Bruce	07778 462263
Robert	01438 214913	Stuart	07710 795182

Please see our essential guide to group cycling. For extra rides, last minute changes and more information about cycling in general visit our website. **Please Note:** To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email [ridelist@stevenagectc.org.uk](mailto:ridelist@stevenagectc.org.uk) to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

**Non members** are welcome to try a few rides with us. Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits, including lower entry fees. **Please join Cycling UK soon** go to [www.cyclinguk.org](http://www.cyclinguk.org)

**Road defects?** Tell the County Council through [www.fillthathole.org.uk](http://www.fillthathole.org.uk) A Cycling UK initiative.

[www.stevenagectc.org.uk](http://www.stevenagectc.org.uk)

### Cycling UK is the new name for CTC

Cycling UK, the National Cycling Charity, Parklands, Railton Road Guildford GU2 9JX (0844 736 8450). Why not join us? See [www.cyclinguk.org](http://www.cyclinguk.org) for details.

**Where we start** - Full details on website

**Old Town:** In Stevenage Old Town next to the war memorial (TL 233255, SG1 3EJ).

**Costello's:** Fairlands Valley Park. Meet inside or near the café in the sailing centre (TL254242, SG2 0BL).

**Saturday Starters** are an ideal introduction to group riding. In the summer they are half day afternoon rides from Costello's at 2pm every week getting back about 5.00pm. From November the rides start at 10:30am.

### Our ride grades:

The letter indicates distance (miles) and speed:				
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle	5-6 miles beginner
+ indicates rides of a increased pace eg D+				
⚠ Off road rides also have a number:				
<b>1: Easy</b>	<b>2: Medium</b>	<b>3: Challenging riding</b>		
Road tyres	Knobbly tyres needed			
* <b>Helmets:</b> We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.				

### Be prepared - our ride checklist:

Emergency contact number	Lights	
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

**\*Your bike must be roadworthy\* Remember to carry lights in winter!**

**Be Warned - Rides will depart 10 mins after published meeting time - don't be late!**



# BIKE RIDES

from Stevenage

June – July 2018

Including BIKE WEEK



Rides every Saturday, Sunday and Wednesday with extras too. Pick those that suit you and enjoy a ride or two.

we are  
**cycling**  
Stevenage UK

[www.stevenagectc.org.uk](http://www.stevenagectc.org.uk)

Date	Grade	Leader	Time	Place	Destination or Event
Fri 1 June	D+	Loyd	19:15	Old Town	<b>Friday Fling</b> to The Plough, Ley Green
Sat 2 June	NA	NA	10:00	Fairlands	<b>BIKE HUB Grand Opening in Fairlands Valley Park</b>
Sat 2 June	D	Alan	14:00	Costello's	<b>Saturday Starter</b> to Vanstones Garden Centre, Codicote
Sun 3 June	B/C	Robert	10:00	Old Town	<b>Old Warden</b> (38-40 miles)
Wed 6 June	D	Tina	19:15	Old Town	<b>Easy Evening</b> to The Bell, Codicote
Fri 8 June	D+	Pete	19:15	Old Town	<b>Friday Fling</b> - Ashwell
Sat 9 June	D-	Tina	14:00	Costello's	<b>Teddy Bears Picnic</b> – Hampson Park (child friendly, bring picnic)
Sun 10 June	A	NA	08:00	Ware	<b>Ware Audax</b> – 100km and 200km
Sun 10 June	D	Jackie	10:00	Old Town	<b>Morning Meander</b>
Mon 11 June	D	Tina	19:15	Old Town	Horns, Bulls Green
Tues 12 June	D	Jackie	19:15	Old Town	The Bird in Hand, Gosmore
Wed 13 June	D	Alan	19:15	Old Town	Strathmore Arms, St Pauls Warden
Thurs 14 June	D	Penny	19:15	Old Town	<b>Three Horseshoes, Norton</b>
Fri 15 June	D+	Robert	19:15	Old Town	Friday Fling - Buntingford
Sat 16 June	D	Paul/Alan	14:00	Costello's	<b>Saturday Starter</b> to Country Bumpkin, Tewin
Sun 17 June	B	Jackie	10:00	Costello's	<b>Stevenage Circular</b> - Online entries open.
Wed 20 June	D	Jackie	19:15	Old Town	<b>BBQ</b> – Robin Hood and Little John, Rabley Heath
Fri 22 June	D+	Loyd	19:15	Old Town	<b>Friday Fling</b> to The Boot, Dane End
Sat 23 June	D	Penny	14:00	Costello's	<b>Saturday Starter</b> to Emilys, Whitwell
Sun 24 June	B	Alan	09:30	Old Town	<b>Harpenden</b> for lunch, with 11's at Emilys, Whitwell
Sun 24 June	D+	Jackie	10:00	Old Town	<b>Morning Meander</b>
Wed 27 June	D	Jackie	19:15	Old Town	<b>Easy Evening</b> Red Lion, Breachwood Green
Fri 29 June	D+	Jill	19:15	Old Town	<b>Friday Fling</b> to The Bull, Cottered
Sat 30 June	D	Paul	14:00	Costello's	<b>Saturday Starter</b> to Tewin Fete, Tewin
Sun 1 July	A	Pete	09:00	Old Town	<b>Blackmore</b> for lunch with 11's at Sawbridgeworth
Sun 1 July	D-	Jackie	14:00	Costello's	<b>Cycleway Meander</b> (child friendly and about an hour)
Tues 3 July	D	Jim	10:00	Costello's	<b>Tuesday Trundle</b> daytime ride to Emilys, Whitwell
Wed 4 July	D	Paul	19:15	Old Town	<b>Easy Evening</b> to The Three Horseshoes, Willian
Fri 6 July	D+	Jim	19:15	Old Town	<b>Friday Fling</b> to The Woodman, Chapmore End
Sat 7 July	D	Penny	14:00	Costello's	<b>Saturday Starter</b> to Brewery Tea Rooms, Walkern
Sun 8 July	B	Loyd	09:30	Old Town	<b>Finishing at Hampson Park</b> – Stevenage Cycling Festival
Sun 8 July	D	Alan	10:00	Old Town	<b>Morning Meander</b> – finishing at Hampson Park
Mon 9 July	NA	Tina	19:45	SG2 8LT	<b>Ride Leader Meeting</b> – 106 Oaks Cross
Wed 11 July	D	Tina	19:15	Old Town	<b>Easy Evening</b> to Plume of Feathers, Tewin
Fri 13 July	D+	Pete	19:15	Old Town	<b>Friday Fling</b> to Musgrave Arms, Shillington
Sat 14 July	D	Paul	14:00	Costello's	<b>Saturday Starter</b> to Benington Fair
Sun 15 July	A&B	Jim	09:00	Old Town	<b>Baldock Challenge</b> . Watch the website. Join our led ride to start.
Wed 18 July	D	Penny	19:15	Old Town	<b>Easy Evening</b> to The Rising Sun, Halls Green
Fri 20 July	D+	Pete	19:15	Old Town	<b>Friday Fling</b> to The Bright Star, Peters Green
Sat 21 July	D	Tina	14:00	Costello's	<b>Saturday Starter</b> to We R Cakes, Woolmer Green
Sun 22 July	B	Alan	09:30	Old Town	Royston and Baldock
Sun 22 July	D	Jackie	10:00	Old Town	<b>Morning Meander</b>

**BIKE WEEK**

Look on [www.stevenagectc.org.uk](http://www.stevenagectc.org.uk) for extra details, additions and last minute changes

Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch