

Coming Events - Full details on website.

17 Feb **Braziers Run** Henham Audax UK,
24 Feb **Luton CC Reliability Ride**

19 March **Ride Programme Meeting**
31 March **Stevenage Start of Summertime**
16 June **Stevenage Circular Cycle** (TBC)

Ride Makers

Secretary: Jim Brown 07939 687509
106 Oaks Cross, Stevenage, SG2 8LT
jim@stevenagectc.org.uk
Treasurer: Paul Boielle 01438 356584
Rides: Jim Borchers 07974 576663
Website: Tina Walker 01438 235881

Alan 07910 076236 Loyd 07921 002224
Bruce 07778 462263 Nicola 07916 438610
Jackie 07850 428856 Penny 07787 816434
Jason 07447 041489 Pete 01462 637718
Jill 07816 625901 Robert 01438 214913

For extra rides, last minute changes and more information about cycling in general visit our website.
Please see our essential guide to group cycling.

www.stevenagectc.org.uk

Non members are welcome to try a few rides.
Please join Cycling UK at www.cyclinguk.org

Cycling UK

Cycling UK, Parklands, Railton Road Guildford GU2 9JX
01483-238301

Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits, including insurance, discounts and lower entry fees.

Please Note: To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email ridelist@stevenagectc.org.uk to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

Where we start - Full details on website
War Memorial, Old Town, Stevenage
Stevenage Old Town next to the war memorial SG1 3EJ

Costello's, Fairlands Valley Park, Stevenage
Meet inside or near the café in the sailing centre SG2 0BL

Our ride grades:

Saturday Starters are an ideal introduction to group riding. In the winter they are half day morning rides from Costello's at 10.30a.m. **From March the rides will start at 2p.m.**

The letter indicates distance (miles) and speed:				
A	B	C	D	E
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle	5-6 Beginner
+ indicates rides of a increased pace eg D+				
⚠ Off road rides also have a number:				
1: Easy	2: Medium	3: Challenging riding		
Road tyres	Knobbly tyres needed			
Helmets: We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.				

Be prepared - our ride checklist:

Emergency contact number	Lights	
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

Your bike must be roadworthy
Remember to carry lights in winter!

Young People

Young people are welcome to ride with us but we cannot accommodate under 5s riding solo on roads. There must be one responsible adult for every child under 8.

All under 16s should be accompanied by a responsible adult.

All children should remain under the direct supervision of the adult responsible for them for the entire ride.

BIKE RIDES

from Stevenage
February – April 2019



Rides every Saturday, Sunday and Wednesday
with extras too.

Pick those that suit you and enjoy a ride or two.

we are
cycling
Stevenage UK

www.stevenagectc.org.uk

Road defects?

Tell the County Council
www.fillthathole.org.uk

Date	Grade	Leader	Time	Place	Destination or Event
Sat 2 Feb	D	Paul	10:30	Costello's	Saturday Starter to Emilys, Whitwell
Sun 3 Feb	A	Bruce	09:30	Old Town	Poplars Café, Toddington
Sun 3 Feb	B2 	Loyd	09:30	Old Town	Off Road to Rose Café, Hertford
Sun 3 Feb	D	Jackie	10:00	Old Town	Morning Meander
Wed 6 Feb	D	Pete	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 9 Feb	D	Tina	10:30	Costello's	Saturday Starter to Brewery Cafe, Walkern
Sun 10 Feb	C	Paul	09:30	Old Town	Rose Café, Hertford
Wed 13 Feb	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 16 Feb	D	Paul	10:30	Costello's	Saturday Starter to Datchworth Post Office, Datchworth
Sun 17 Feb	B	Loyd	09:30	Old Town	Much Hadham
Sun 17 Feb	D	Jackie	10:00	Old Town	Morning Meander
Wed 20 Feb	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 23 Feb	D	Jackie	10:30	Costello's	Saturday Starter to Crumbs, Watton at Stone
Sun 24 Feb	A	Bruce	09:30	Old Town	Ambience Café, St Neots
Wed 27 Feb	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 2 Mar	D	Jim	14:00	Costello's	Saturday Starter to Esquire's, Letchworth
Sun 3 Mar	A	Pete	09:30	Old Town	Danish Camp, Bedford
Sun 3 Mar	D	Jackie	10:00	Old Town	Morning Meander
Wed 6 Mar	D	Pete	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 9 Mar	D	Tina	14:00	Costello's	Saturday Starter to We R Cakes, Woolmer Green
Sun 10 Mar	B2 	Loyd	09:30	Old Town	Off Road to Langford
Sun 10 Mar	C	Alan	09:30	Old Town	Café Gusto, Harpenden
Wed 13 Mar	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 16 Mar	D	Jim	14:00	Costello's	Saturday Starter to Vanstones Garden Centre, Codicote
Sun 17 Mar	B	Alan	09:30	Old Town	Rushden Mill End
Sun 17 Mar	D	Jackie	10:00	Old Town	Morning Meander
Tue 19 Mar		Tina	19:45		Rides Meeting 4Hammond Close
Wed 20 Mar	D	Nicola	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 23 Mar	D	Robert	14:00	Costello's	Saturday Starter to Emilys, Whitwell
Sun 24 Mar	C	Robert	10:00	Old Town	The Orchard Fairfield, Stotfold
Wed 27 Mar	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 30 Mar	D	Tina	14:00	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sun 31 Mar		Jackie		Costello's	Stevenage Start of Summertime Specials 50km, 100km and 160km
Wed 3 Apr	D	Jim	19:15	Old Town	Easy Evening to Red Lion, Preston
Sat 6 Apr	D	Paul	14:00	Costello's	Saturday Starter to Church Farm, Ardeley
Sun 7 Apr	A	Pete	09:30	Old Town	Dunstable Downs
Sun 7 Apr	D	Jackie	10:00	Old Town	Morning Meander
Wed 10 Apr	D	Pete	19:15	Old Town	Easy Evening to Lytton Arms, Old Knebworth
Sat 13 Apr	D	Tina	14:00	Costello's	Saturday Starter to Esquire's, Letchworth
Sun 14 Apr	B2 	Loyd	09:30	Old Town	Off Road to Ley Green
Sun 14 Apr	B	Alan	09:30	Old Town	On Road to Langford
Wed 17 Apr	D	Jackie	19:15	Old Town	Easy Evening to White Lion, Walkern
Sat 20 Apr	D	Jackie	14:00	Costello's	Saturday Starter to Datchworth Post Office, Datchworth
Sun 21 Apr	D	Jackie	10:00	Old Town	Easter Sunday Morning Meander
Mon 22 Apr	B	Paul	09:30	Old Town	Easter Special Rose Café, Hertford, then Something Lovely, Puckeridge

Look on www.stevenagectc.org.uk for extra details, additions and last minute changes

Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch