

Coming Events - Full details on website

Emitremmus and Emit Lite – Sunday 28th October
Cycling UK Stevenage AGM – Monday 12th November
Christmas Lunch & Presentations – Sun. 9th December
Santa's Cycles – Wednesday 19th December
Resolution Ride – Tuesday 1st January 2019
Cold Weather Social Events – details TBA
Ride Programme Meeting - 14th January 2019
Start of Summertime Specials – Sunday 31st March
Circular Cycle – 16th June 2019 (TBC)

Ride Makers

Secretary: Jim Brown, 106 Oaks Cross, Stevenage, SG2 8LT
jim@stevenagectc.org.uk 0793 968 7509
Treasurer: Paul Boielle 01438 356584
Rides: Penny Schenkel 0778 781 6434
Website: Tina Walker 01438 235881

Alan	07910 076236	Bruce	07778 462263
Jackie	07850 428856	Jason	0744 704 1489
Jill	07816 625901	Jim	0793 968 7509
John	07747 044536	Loyd	07921 002224
Nicola	0791 643 8610	Penny	07787 816434
Pete	012462 637718	Robert	01438 214913

Please see our essential guide to group cycling. For extra rides, last minute changes and more information about cycling in general visit our website. **Please Note:** To save costs we prefer to email to let you know about ride lists. But if you want a paper copy let us have your address and we will post it to you. Please email ridelist@stevenagectc.org.uk to join or leave the mailing list or to keep us informed about any changes of postal and e-mail addresses.

Non members are welcome to try a few rides with us. Most rides are free but only Cycling UK members are eligible for the various competitions and to attend and vote at the AGM or become leaders. Cycling UK membership brings lot of benefits, including lower entry fees. **Please join Cycling UK soon** go to www.cyclinguk.org

Road defects? Tell the County Council through www.fillthathole.org.uk A Cycling UK initiative.

Saturday Starters are an ideal introduction to group riding. In the winter they are half day morning rides from Costello's at 10.30a.m. From March the rides will start at 2p.m.

www.stevenagectc.org.uk

Cycling UK is the new name for CTC

Cycling UK, the National Cycling Charity, Parklands, Railton Road Guildford GU2 9JX (0844 736 8450). Why not join us? See www.cyclinguk.org for details.

Where we start - Full details on website

Old Town: In Stevenage Old Town next to the war memorial (TL 233255, SG1 3EJ).

Costello's: Fairlands Valley Park. Meet inside or near the café in the sailing centre (TL254242, SG2 0BL).

Hub: Stevenage Cycle Hub. In Fairlands Valley Park, Six Hills Way by the middle lake.

Our ride grades:

The letter indicates distance (miles) and speed:				
A	B	C	D	E
Over 56 Faster	40-55 Moderate	25-39 Slower	up to 24 Gentle	5-6 miles beginner
+ indicates rides of a increased pace eg D+				
⚠ Off road rides also have a number:				
1: Easy	2: Medium	3: Challenging riding		
Road tyres	Knobbly tyres needed			
* Helmets: We leave it up to you but our off-road ride leaders feel that they are essential for off-road rides.				

Be prepared - our ride checklist:

Emergency contact number	Lights	
Inner tube	Pump	Tyre levers
Drink	Money	Waterproof

***Your bike must be roadworthy* Remember to carry lights in winter!**

Young people are welcome but please no under 5s riding solo on roads. There must be at least one responsible adult for every child under 8. All under 16s should bring a responsible adult please.

BIKE RIDES

from Stevenage

November 2018 – January 2019
Christmas and New Year



Rides every Saturday, Sunday and Wednesday with extras too.
Pick those that suit you and enjoy a ride or two.

we are
cycling
Stevenage UK

www.stevenagectc.org.uk



Updated 06/11/2018



CyclingUK Bike Rides from Stevenage November 2018 January 2019



Date	Grade	Leader	Time	Place	Destination or Event
Thu 1 Nov	E	Jill	14:00	Costello's	Half Term Taster (one hour)
Sat 3 Nov	D	Paul B	10:30	Costello's	Starters Switch To Mornings. Gentle ride to Walkern (Old Brewery).
Sun 4 Nov	B	Pete	09:30	Old Town	Markyate at Dugs Mugs (no planned elevenses)
Wed 7 Nov	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 10 Nov	D	Nicola	10:30	Costello's	Saturday Starter to We R Cakes (near Woolmer Green)
Sun 11 Nov	C	Paul B	09:30	Costello's	Offley (Red Lion) with elevenses at Codicote (Wyevale)
Mon 12 Nov	Meeting	Jim	19:45	Springfield	Cycling UK Stevenage AGM. Springfield House SG1 3EJ.
Wed 14 Nov	D	Pete	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 17 Nov	D	Tina	10:30	Costello's	Saturday Starter to Crumbs, Watton-at-Stone
Sun 18 Nov	B	Loyd	09:30	Old Town	Royston
Wed 21 Nov	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 24 Nov	D	Robert	10:30	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sun 25 Nov	B	Loyd	09:30	Old Town	Harpenden (Christmas Market)
Wed 28 Nov	D	Nicola	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 1 Dec	D	Jackie	10:30	Costello's	Saturday Starter to Walkern (Christmas / Brewery)
Sun 2 Dec	A	Pete	09:30	Old Town	Dacorum Cycle Hub in Hemel Hempstead
Sun 2 Dec	D/C	Jill	09:30	Old Town	Morning Ride finishing with coffee in the Old Town
Wed 5 Dec	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 8 Dec	D	Robert	10:30	Costello's	Saturday Starter to Emily's, Whitwell
Sun 9 Dec	D	Paul	10:00	Costello's	Christmas Lunch and Presentations (Plume of Feathers, Tewin)
Wed 12 Dec	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 15 Dec	D	Tina	10:30	Costello's	Saturday Starter to Codicote Garden Centre
Sun 16 Dec	B+	Penny	09:30	Hub (FVP)	Towpath Special – Lee Valley Christmas
Wed 19 Dec	D	Paul	19:15	Old Town	Santa's Cycles – Aston (Pig and Whistle). Come festive.
Sat 22 Dec	D	Jill	10:30	Costello's	Saturday Starter - Datchworth (We R Cakes).
Sun 23 Dec	B / C	Robert	10:00	Old Town	Old Warden (Shuttleworth)
Wed 26 Dec	D	Robert	10:00	Old Town	Boxing Day Pedal Off The Pud. Morning ride to Radwell Services
Thu 27 Dec	C	Paul	10:00	Old Town	Christmas Bonus to Hertford
Sat 29 Dec	D	Jackie	10:30	Costello's	Saturday Starter to Esquire, Letchworth
Sun 30 Dec	B	Jill	10:00	Old Town	Wrest Park
Tue 1 Jan	D	Penny	10:00	Old Town	Resolution Ride to Vanstone Park, Codicote
Wed 2 Jan	D	Nicola	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 5 Jan	D	Paul	10:30	Costello's	Saturday Starter to Datchworth PO
Sun 6 Jan	B	Loyd	09:30	Old Town	Hare Street
Wed 9 Jan	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 12 Jan	D	Tina	10:30	Costello's	Saturday Starter to Emily's, Whitwell
Sun 13 Jan	A	Pete	09:30	Old Town	Waresley at Waresley Garden Centre
Mon 14 Jan	Meet	Tina/Jim	19:45	Penny's	Programme Meeting at 4 Hammond Close, Old Town, SG1 3JQ
Wed 16 Jan	D	Nicola	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 19 Jan	D	Paul	10:30	Costello's	Saturday Starter to Letchworth Wellbeing Centre (SG6 3NA)
Sun 20 Jan	B	Loyd	09:30	Old Town	Hertford (Rose Café)
Wed 23 Jan	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)
Sat 26 Jan	D	Jackie	10:30	Costello's	Saturday Starter to Country Bumpkin, Tewin
Sun 27 Jan	B	Pete	09:30	Old Town	Puckeridge at Something Lovely
Wed 30 Jan	D	Jackie	19:15	Old Town	Winter Wander (winter destinations are influenced by weather)

Look on www.stevenagectc.org.uk for extra details, additions and last minute changes

Plans may change due to inclement weather or mechanical problems - contact ride leader if you plan to meet at 11s or lunch