

EMITREMMUS LITE

67km Route Sheet

Sunday 28th October 2018

The start is at Costello's Café by the Sailing Centre, Fairlands Valley Park, off Six Hills Way, Stevenage (O.S. 166 grid ref TL 254243. Postcode SG2 0BL). Start 1030. Please arrive by 1010.

STAGE ONE

From start FWD to park exit. LEFT onto Six Hills Way Cycleway. Cross Brittain Way. RIGHT under first underpass. Continue on cycleway across Marlborough Road. Cross Cromwell Road and bear right along section with green fence. After about 250m second LEFT, before the cycleway turns right, to go through underpass under Gresley Way and onto Tatlers Lane. First RIGHT onto Short Lane. At T Right onto Long Lane.

Continue FWD to **ASTON**. At T RIGHT. At second T LEFT (sp Benington). Pass to right of "Pig & Whistle", down hill, over River Beane and climb to X roads where FWD to **BENINGTON** (7.7km/4.8 miles).

RIGHT (sp Ware/Hertford) to **WHEMPSTEAD**. At X LEFT (sp **DANE END**/The Mundens *nb gravel on corner*) to **DANE END**. (sp cannot be seen until the last moment).

LEFT at X (sp **GT MUNDEN**) and FWD on major route through **GREAT MUNDEN**, **NASTY**, bear RIGHT to **WESTMILL** (20.5km/12.6 miles), **ASPENDEN** where sharp RIGHT (sp **BUNTINGFORD**) and under A10.

At T LEFT into **BUNTINGFORD**. RIGHT at mini RBT onto B1038 sp Brent Pelham to **HARE STREET**.

At stgd X RIGHT (sp Braughing B1368) to Old Swan Tea Shop on rhs. (27km/16.6 miles). Go just past the front entrance. Control through rear gate to left of tea room.

CONTROL OPENS 1150; CLOSSES 1315

Please be considerate where you park your bike. Do not lean it against the house next door to the Old Swan or clutter up the other side of the road. There should be space in the Old Swan's garden.

STAGE TWO

Retrace to stgd X where continue FWD on B1368 passing March Hare tearoom on lhs (16.9 miles) to **BARKWAY**.

Cycle through most of the village then LEFT (sp **REED/Royston**) onto Royston Road (junction is at 33.5km / 20.8 miles). (**N.B. Merge with 100K route at this point**).

In 2.2 km/1.4 miles LEFT (sp **REED**) into Crow Lane then Jackson's Lane. At T LEFT on Blacksmith's Lane to T. RIGHT at busy A10.

Pass the Silver Ball Café (37.6km/23.35 miles)

IMM LEFT into lane (sp **THERFIELD**) through **HAY GREEN**. In **THERFIELD** (By Fox and Duck) LEFT into Church Lane. Fordham Memorial Hall is on the rhs (40km/24.93 miles).

CONTROL OPENS 1230; CLOSSES 1430

STAGE THREE

Retrace to junction and IMM LEFT into Pedlars Lane (no sp). LEFT at T and continue following signs to **KELSHALL** and **SANDON** where at T LEFT (sp Buckland) and bear RIGHT (sp Wallington).

By cricket pitch/red 'phone box LEFT (sp **RUSHDEN**). At T LEFT (sp **RUSHDEN** *nb gravel & holes on corner*). FWD passing "Moon and Stars" and onto A507. Shortly RIGHT onto minor road (sp Walkern) where main road bears left. In 1.4 km/0.9 miles turn RIGHT (sp **LUFFENHALL**).

In **LUFFENHALL** LEFT and RIGHT (sp Weston). Up steep and narrow hill and bear RIGHT to **HALLS GREEN** where FWD passing "Rising Sun" pub on rhs.

Continue FWD to **WESTON**.

INFORMATION CONTROL at X roads in **WESTON** (see question in brevet card). (58.7km/36.5 miles).

STAGE FOUR

Then at X LEFT (sp Stevenage) and FWD (sp Stevenage) through **DAMASK GREEN**. FWD for about 2.5 kms/1.5 miles.

Bear RIGHT and then turn LEFT onto traffic calmed road (Calder Way).
After speed bumps at first T LEFT.
At second T RIGHT onto Great Ashby Way.

FWD at RBT (still Gt. Ashby Way). At next RBT LEFT onto Canterbury Way.

At T RIGHT onto Pilgrims Way.
Shortly LEFT into Coventry Close and IMM RIGHT onto cycleway.
Shortly RIGHT to pass under Martins Way RBT (Underpass 1). FWD (U3) then bear LEFT (parallel with Verity Way).
FWD through three underpasses then bear RIGHT (and west) parallel to Fairlands Way.

Downhill under Douglas Drive and Webb Rise.

After 0.5km LEFT through underpass for Chells & Shephall (S997). IMM LEFT into park then at Fairlands Valley Park sign RIGHT onto shared use cycleway alongside hedge. **Please give other users space**. At T LEFT over bridge and bear RIGHT. Pass sailing centre/café on your rhs then IMM right down through car park to café. Finish control in café.

ARRIVÉE FAIRLANDS VALLEY PARK COSTELLO'S CAFÉ (67km/41.9 miles).

CONTROL OPENS 1350; LAST ARRIVAL 1715.

The average speed range, start to finish for this brevet populaire is 10 to 20 kms per hour (6.2 to 12.4 mph).

Route checked September 2018 by Pete Woolmer.

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ABBREVIATIONS

FWD	= forward
IMM	= immediately
RBT	= roundabout
rhs	= right hand side
sp	= sign post
stgd	= staggered
T	= T junction
U	= underpass (with number)
X	= cross roads

You will pass through **PLACES** marked in underlined, bold capitals. Continue on major route unless directed otherwise.

You will need a pen or pencil for the information control.

Don't forget to get your card signed and timed at each control including the finish. Please support the cafés. They are helping to make this event possible.

The route can be checked on O.S. Landranger maps 153, 154, 166 and 167. A map showing the start can be obtained by typing SG2 0BL into a street map website e.g. www.streetmap.co.uk

If you are coming by car please use the large car park on the left as you enter Fairlands Valley. The café car park will be needed by others.

Sunset is at 4.40p.m you will need lights after this time.

If you are not going to finish, please tell a control
OR contact Tina Walker on 07775 538830



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